



FLINTSTONES WITH IRON

Children's Multivitamin Supplement

Directions: Under adult supervision product should be fully chewed. Children 2 to 3 years of age: **Fully chew** one-half tablet daily, with food. Adults and children 4 years of age and older: **Fully chew** one tablet daily, with food.

Supplement Facts		
Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)		
Servings Per Container: <i>(number of tablets X 2); (number of tablets)</i>		
Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and Older (1 Tablet)
Total Carbohydrate < 1 g	**	< 1%*
Sugars 0 g	**	**
Vitamin A 1300 IU (10% as beta-carotene)	26%	26%
Vitamin C 60 mg	75%	100%
Vitamin D 600 IU	75%	150%
Vitamin E 15 IU	75%	50%
Thiamin (B ₁) 0.75 mg	54%	50%
Riboflavin (B ₂) 0.85 mg	53%	50%
Niacin 10 mg	56%	50%
Vitamin B ₆ 1 mg	71%	50%
Folic Acid 200 mcg	50%	50%
Vitamin B ₁₂ 3 mcg	50%	50%
Pantothenic Acid 5 mg	50%	50%
Iron 18 mg	90%	100%
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Ingredients: Sorbitol, Mannitol, Fructose[†], Sodium Ascorbate, Ferrous Fumarate, Silicon Dioxide, Carrageenan, Natural and Artificial Flavors, FD&C Red #40 Aluminum Lake; Less Than 2% Of: Beta-Carotene, Cholecalciferol, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, FD&C Blue #2 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Folic Acid, Gelatin, Magnesium Stearate, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Sucralose, Thiamine Mononitrate, Vitamin A Acetate.

Contains: Soy.

[†]Adds a trivial amount of sugar



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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

Not for children under 2 years of age.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

CHILD RESISTANT CAP

Contact Information –

Questions or comments?

Please call 1-800-800-4793 (Mon-Fri 9AM – 5PM EST)