



# Alka-Seltzer Plus®

## Cold Sparkling Original Effervescent Tablets

<b>Drug Facts</b>	
<b>Active ingredients (in each tablet)</b>	<b>Purposes</b>
Aspirin 325 mg (NSAID)*.....	Pain reliever/fever reducer
Chlorpheniramine maleate 2 mg.....	Antihistamine
Phenylephrine bitartrate 7.8 mg .....	Nasal decongestant
*nonsteroidal anti-inflammatory drug	
<b>Uses</b>	
<ul style="list-style-type: none"> <li>• temporarily relieves these symptoms due to a cold:               <ul style="list-style-type: none"> <li style="width: 33%;">• minor aches and pains</li> <li style="width: 33%;">• headache</li> <li style="width: 33%;">• runny nose</li> <li style="width: 33%;">• nasal and sinus congestion</li> <li style="width: 33%;">• sneezing</li> <li style="width: 33%;">• sore throat</li> </ul> </li> <li>• temporarily reduces fever</li> </ul>	
<b>Warnings</b>	
<p><b>Reye's syndrome:</b> Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.</p> <p><b>Allergy alert:</b> Aspirin may cause a severe allergic reaction which may include:</p> <ul style="list-style-type: none"> <li>• hives</li> <li>• facial swelling</li> <li>• asthma (wheezing)</li> <li>• shock</li> </ul> <p><b>Stomach bleeding warning:</b> This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you</p> <ul style="list-style-type: none"> <li>• are age 60 or older</li> <li>• have had stomach ulcers or bleeding problems</li> <li>• take a blood thinning (anticoagulant) or steroid drug</li> <li>• take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)</li> <li>• have 3 or more alcoholic drinks every day while using this product</li> <li>• take more or for a longer time than directed</li> </ul> <p><b>Sore throat warning:</b> If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.</p> <p><b>Do not use to sedate children.</b></p>	
<b>Do not use</b>	
<ul style="list-style-type: none"> <li>• if you are allergic to aspirin or any other pain reliever/fever reducer</li> <li>• if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</li> <li>• if you have ever had an allergic reaction to this product or any of its ingredients</li> <li>• in children under 12 years of age</li> </ul>	
<b>Ask a doctor before use if</b>	
<ul style="list-style-type: none"> <li>• stomach bleeding warning applies to you</li> <li>• you have a history of stomach problems, such as heartburn</li> <li>• you have high blood pressure, heart disease, liver cirrhosis, or kidney disease</li> <li>• you are taking a diuretic</li> <li>• you have           <ul style="list-style-type: none"> <li style="width: 50%;">• asthma</li> <li style="width: 50%;">• diabetes</li> <li style="width: 50%;">• thyroid disease</li> <li style="width: 50%;">• glaucoma</li> </ul> </li> <li>• difficulty in urination due to enlargement of the prostate gland           <ul style="list-style-type: none"> <li>• a breathing problem such as emphysema or chronic bronchitis</li> <li>• a sodium-restricted diet</li> </ul> </li> </ul>	
<b>Ask a doctor or pharmacist before use if you are</b>	
<ul style="list-style-type: none"> <li>• taking a prescription drug for           <ul style="list-style-type: none"> <li style="width: 33%;">• gout</li> <li style="width: 33%;">• diabetes</li> <li style="width: 33%;">• arthritis</li> </ul> </li> <li>• taking sedatives or tranquilizers</li> </ul>	



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### When using this product

- do not exceed recommended dosage
- excitability may occur, especially in children
- you may get drowsy
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery

### Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
  - feel faint
  - vomit blood
  - have bloody or black stools
  - have stomach pain that does not get better
- pain or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- ringing in the ears or a loss of hearing occurs
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions

- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 8 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

### Other information

- each tablet contains: sodium 476 mg
- Phenylketonurics: Contains Phenylalanine 8.4 mg Per Tablet
- store at room temperature. Avoid excessive heat.

**Inactive ingredients** acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, flavors, mannitol, povidone, sodium benzoate, sodium bicarbonate

**Questions or comments? 1-800-986-0369** (Mon-Fri 9AM – 5PM EST)