Alka-Seltzer Plus® Multi-Symptom Cold Night Effervescent Tablets

**Drug Facts**

**Active ingredients (in each tablet)**
- Aspirin 500 mg (NSAID)*
- Dextromethorphan hydrobromide 10 mg
- Doxylamine succinate 6.25 mg
- Phenylephrine bitartrate 7.8 mg

**Purposes**
- Pain reliever/fever reducer
- Cough suppressant
- Antihistamine
- Nasal decongestant

*nonsteroidal anti-inflammatory drug

**Uses**
- temporarily relieves these symptoms due to a cold:
  - minor aches and pains
  - headache
  - sinus congestion and pressure
  - cough
  - sneezing
  - sore throat
  - nasal congestion
  - temporarily reduces fever
  - temporarily reduces fever

**Warnings**

**Reye’s syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye’s syndrome, a rare but serious illness.

**Allergy alert:** Aspirin may cause a severe allergic reaction which may include:
- hives
- facial swelling
- asthma (wheezing)
- shock

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you
- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use to sedate children.**

**Do not use**
- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

**Ask a doctor before use if**
- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
  - asthma
  - diabetes
  - thyroid disease
  - glaucoma
  - cough with excessive phlegm (mucus)
  - a breathing problem such as emphysema or chronic bronchitis
  - difficulty in urination due to enlargement of the prostate gland
  - persistent or chronic cough such as occurs with smoking, asthma, or emphysema
  - a sodium-restricted diet
### Alka-Seltzer Plus® Multi-Symptom Cold Night Effervescent Tablets

**Ask a doctor or pharmacist before use if you are**
- taking a prescription drug for
  - gout
  - diabetes
  - arthritis
- taking sedatives or tranquilizers

**When using this product**
- do not exceed recommended dosage
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

**Stop use and ask a doctor if**
- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
  - feel faint
  - vomit blood
  - have bloody or black stools
  - have stomach pain that does not get better
- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- ringing in the ears or a loss of hearing occurs
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.

It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions
- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water at bedtime (may be taken every 4 to 6 hours). Do not exceed 8 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

### Other information
- each tablet contains: sodium 476 mg
- Phenylketonurics: Contains Phenylalanine 5.6 mg Per Tablet
- store at room temperature. Avoid excessive heat.

### Inactive ingredients
- acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, flavors (natural & artificial), mannitol, povidone, sodium benzoate, sodium bicarbonate

### Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)