Alka-Seltzer Plus®
Multi-Symptom Cold Day & Night Effervescent Tablets

Do not take these products at the same time.

Alka-Seltzer Plus® Multi-Symptom Cold Day Effervescent Tablets

**Drug Facts**

<table>
<thead>
<tr>
<th>Active ingredients (in each tablet)</th>
<th>Purposes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspirin 325 mg (NSAID)*</td>
<td>Pain reliever/fever reducer</td>
</tr>
<tr>
<td>Dextromethorphan hydrobromide 10 mg</td>
<td>Cough suppressant</td>
</tr>
<tr>
<td>Phenylephrine bitartrate 7.8 mg</td>
<td>Nasal decongestant</td>
</tr>
<tr>
<td>*nonsteroidal anti-inflammatory drug</td>
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</tr>
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</table>

**Uses**
- temporarily relieves these symptoms due to a cold with cough:
  - minor aches and pains
  - nasal and sinus congestion
  - temporarily reduces fever
  - headache
  - cough
  - sore throat

**Warnings**

**Reye’s syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye’s syndrome, a rare but serious illness.

**Allergy alert:** Aspirin may cause a severe allergic reaction which may include:
- hives
- facial swelling
- asthma (wheezing)
- shock

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you
- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use**
- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson’s disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

**Ask a doctor before use if**
- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
  - asthma
  - thyroid disease
  - diabetes
  - cough with excessive phlegm (mucus)
  - difficulty in urination due to enlargement of the prostate gland
  - persistent or chronic cough such as occurs with smoking, asthma, or emphysema
  - a sodium-restricted diet
Ask a doctor or pharmacist before use if you are
● taking a prescription drug for
  • gout • diabetes • arthritis

When using this product do not exceed recommended dosage

Stop use and ask a doctor if
● an allergic reaction occurs. Seek medical help right away.
● you experience any of the following signs of stomach bleeding
  • feel faint • vomit blood • have bloody or black stools
  • have stomach pain that does not get better
● pain, cough, or nasal congestion gets worse or lasts more than 7 days
● fever gets worse or lasts more than 3 days
● redness or swelling is present
● new symptoms occur
● ringing in the ears or loss of hearing occurs
● cough becomes back or occurs with rash or headache that lasts. These
  could be signs of a serious condition.
● nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.
It is especially important not to use aspirin during the last 3
months of pregnancy unless definitely directed to do so by a
doctor because it may cause problems in the unborn child or
complications during delivery.
Keep out of reach of children. In case of overdose, get medical help
or contact a Poison Control Center right away.

Directions
● adults and children 12 years and over: take 2 tablets fully dissolved
  in 4 oz of water every 4 hours. Do not exceed 8 tablets in 24 hours
  or as directed by a doctor.
● children under 12 years: do not use

Other information
● each tablet contains: sodium 416 mg
● Phenylketonurics: Contains Phenylalanine 9 mg Per Tablet
● store at room temperature. Avoid excessive heat.

Inactive ingredients
acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, flavors, mannitol, povidone, sodium benzoate, sodium bicarbonate

Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)
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<td>Cough suppressant</td>
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<td>Doxylamine succinate 6.25 mg……………….</td>
<td>Antihistamine</td>
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### Uses
- temporarily relieves these symptoms due to a cold:
  - minor aches and pains
  - sinus congestion and pressure
  - headache
  - cough
  - sore throat
  - sneezing
  - nasal congestion
  - runny nose
  - temporarily reduces fever

### Warnings

**Reye’s syndrome**: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye’s syndrome, a rare but serious illness.

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- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Sore throat warning**: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use to sedate children.**

**Do not use**
- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
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● you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
● you are taking a diuretic
● you have
  ● asthma  ● diabetes  ● thyroid disease  ● glaucoma
● cough with excessive phlegm (mucus)
● a breathing problem such as emphysema or chronic bronchitis
● difficulty in urination due to enlargement of the prostate gland
● persistent or chronic cough such as occurs with smoking, asthma, or emphysema
● a sodium-restricted diet

Ask a doctor or pharmacist before use if you are
● taking a prescription drug for
  ● gout  ● diabetes  ● arthritis
● taking sedatives or tranquilizers

When using this product
● do not exceed recommended dosage
● may cause marked drowsiness
● avoid alcoholic drinks
● alcohol, sedatives, and tranquilizers may increase drowsiness
● be careful when driving a motor vehicle or operating machinery
● excitation may occur, especially in children

Stop use and ask a doctor if
● an allergic reaction occurs. Seek medical help right away.
● you experience any of the following signs of stomach bleeding
  ● feel faint  ● vomit blood  ● have bloody or black stools
  ● have stomach pain that does not get better
● pain, cough, or nasal congestion gets worse or lasts more than 7 days
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● redness or swelling is present
● new symptoms occur
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### Alka-Seltzer Plus®

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<td>• Phenylketonurics: Contains Phenylalanine 5.6 mg Per Tablet</td>
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