



## Alka-Seltzer Plus® Cold Orange Zest Effervescent Tablets

### Drug Facts

#### Active ingredients (in each tablet)

Aspirin 325 mg (NSAID)*	Pain reliever/fever reducer
Chlorpheniramine maleate 2 mg	Antihistamine
Phenylephrine bitartrate 7.8 mg	Nasal decongestant

\*nonsteroidal anti-inflammatory drug

#### Purposes

#### Uses

- temporarily relieves these symptoms due to a cold:
  - minor aches and pains
  - headache
  - runny nose
  - nasal and sinus congestion
  - sneezing
  - sore throat
- temporarily reduces fever

#### Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Aspirin may cause a severe allergic reaction which may include:

- hives
- facial swelling
- asthma (wheezing)
- shock

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use to sedate children.**

#### Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
  - asthma
  - diabetes
  - thyroid disease
  - glaucoma
  - difficulty in urination due to enlargement of the prostate gland
  - a breathing problem such as emphysema or chronic bronchitis
  - a sodium-restricted diet



## Alka-Seltzer Plus® Cold Orange Zest Effervescent Tablets

### Ask a doctor or pharmacist before use if you are

- taking a prescription drug for
  - gout • diabetes • arthritis
- taking sedatives or tranquilizers

### When using this product

- **do not exceed recommended dosage**
- excitability may occur, especially in children
- you may get drowsy
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery

### Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
  - feel faint • vomit blood • have bloody or black stools
  - have stomach pain that does not get better
- pain or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- ringing in the ears or a loss of hearing occurs
- nervousness, dizziness, or sleeplessness occur

**If pregnant or breast-feeding**, ask a health professional before use.

**It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.**

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions

- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 8 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

### Other information

- **each tablet contains:** sodium 476 mg
- Phenylketonurics: Contains Phenylalanine 9 mg Per Tablet
- store at room temperature. Avoid excessive heat.

**Inactive ingredients** acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, FD&C red #40, FD&C yellow #6, flavors, mannitol, povidone, sodium benzoate, sodium bicarbonate

**Questions or comments?** 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)