



Alka-Seltzer Plus® Maximum Strength Day & Night Cold & Flu PowerMax Gels

Do not take these products at the same time.

Alka-Seltzer Plus® Maximum Strength Day Cold & Flu PowerMax™ Gels

Drug Facts	
Active ingredients (in each capsule)	Purposes
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant
Uses	
<ul style="list-style-type: none"> • temporarily relieves these symptoms due to a cold or flu: <ul style="list-style-type: none"> • minor aches and pains • headache • cough • sore throat • nasal and sinus congestion • temporarily reduces fever 	
Warnings	
<p>Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take</p> <ul style="list-style-type: none"> • more than 4,000 mg of acetaminophen in 24 hours • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product <p>Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:</p> <ul style="list-style-type: none"> • skin reddening • blisters • rash • hives • facial swelling • asthma (wheezing) • shock <p>If a skin or general allergic reaction occurs, stop use and seek medical help right away.</p> <p>Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.</p>	
Do not use	
<ul style="list-style-type: none"> • with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. • if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. • if you have ever had an allergic reaction to this product or any of its ingredients • in children under 12 years of age 	
Ask a doctor before use if you have	
<ul style="list-style-type: none"> • liver disease • heart disease • high blood pressure • thyroid disease • diabetes • cough with excessive phlegm (mucus) • difficulty in urination due to enlargement of the prostate gland • persistent or chronic cough such as occurs with smoking, asthma, or emphysema 	
Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin	
When using this product do not exceed recommended dosage	



Alka-Seltzer Plus[®] Maximum Strength Day & Night Cold & Flu PowerMax Gels

Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. **In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.**

Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 10 capsules in 24 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at room temperature. Avoid temperatures above 25°C (77°F).

Inactive ingredients FD&C yellow #6, ferric oxide, gelatin, glycerin, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)



Alka-Seltzer Plus® Maximum Strength Day & Night Cold & Flu PowerMax Gels

Alka-Seltzer Plus® Maximum Strength Night Cold & Flu PowerMax™ Gels

Drug Facts	
Active ingredients (in each capsule)	Purposes
Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan hydrobromide 10 mg.....	Cough suppressant
Doxylamine succinate 6.25 mg.....	Antihistamine
Phenylephrine hydrochloride 5 mg.....	Nasal decongestant
Uses	
<ul style="list-style-type: none"> • temporarily relieves these symptoms due to a cold or flu: <ul style="list-style-type: none"> <li style="width: 50%;">• minor aches and pains <li style="width: 50%;">• headache <li style="width: 50%;">• nasal and sinus congestion <li style="width: 50%;">• cough <li style="width: 50%;">• sore throat <li style="width: 50%;">• runny nose <li style="width: 50%;">• sneezing • temporarily reduces fever 	
Warnings	
<p>Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take</p> <ul style="list-style-type: none"> • more than 4,000 mg of acetaminophen in 24 hours • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product <p>Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:</p> <ul style="list-style-type: none"> • skin reddening • blisters • rash • hives • facial swelling • asthma (wheezing) • shock <p>If a skin or general allergic reaction occurs, stop use and seek medical help right away.</p> <p>Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.</p> <p>Do not use to sedate children.</p>	
Do not use	
<ul style="list-style-type: none"> • with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. • if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. • if you have ever had an allergic reaction to this product or any of its ingredients • in children under 12 years of age 	
Ask a doctor before use if you have	
<ul style="list-style-type: none"> • liver disease • heart disease • high blood pressure • thyroid disease • diabetes • glaucoma • cough with excessive phlegm (mucus) • a breathing problem such as emphysema or chronic bronchitis • difficulty in urination due to enlargement of the prostate gland • persistent or chronic cough such as occurs with smoking, asthma, or emphysema 	



Alka-Seltzer Plus® Maximum Strength Day & Night Cold & Flu PowerMax Gels

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- **do not exceed recommended dosage**
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 10 capsules in 24 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at room temperature. Avoid temperatures above 25°C (77°F).

Inactive ingredients D&C yellow No. 10, FD&C blue No. 1, gelatin, glycerin, polyethylene glycol, potassium aluminum silicate, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)