



FLINTSTONES Complete Sour Gummies

Directions: Under adult supervision product should be fully chewed. Children 2 to 3 years of age: **Fully chew** one gummy daily. Adults and children 4 years of age and older: **Fully chew** two gummies daily.

Supplement Facts		
Serving Size: 1 gummy (2 & 3 years of age); 2 gummies (4 years of age and older)		
Servings Per Container: (number of gummies); (number of gummies/2)		
Amount Per 2 Gummies	% Daily Value for Children 2 & 3 Years of Age (1 Gummy)	% Daily Value for Adults and Children 4 Years of Age and Older (2 Gummies)
Calories 15		
Total Carbohydrate 3 g	1%**	1%*
Total Sugars 3 g	†	†
Includes 3g Added Sugars	6%**	6%*
Vitamin A 400 mcg	67%	44%
Vitamin C 30 mg	100%	33%
Vitamin D 15 mcg (600 IU)	50%	75%
Vitamin E 7 mg	58%	47%
Vitamin B ₆ 0.6 mg	60%	35%
Folate 85 mcg DFE (50 mcg Folic Acid)	28%	21%
Vitamin B ₁₂ 1.2 mcg	67%	50%
Biotin 12 mcg	75%	40%
Pantothenic Acid 3 mg	75%	60%
Iodine 90 mcg	50%	60%
Zinc 5 mg	83%	45%
*Percent Daily Values are based on a 2,000 calorie diet.		
**Percent Daily Values are based on a 1,000 calorie diet.		
†Daily Value not established.		

Ingredients: Glucose Syrup, Sugar, Water, Gelatin; Less than 2% of: Ascorbic Acid, Calcium Lactate, Citric Acid, Color (Black Currant, Carrot and Pumpkin Juice Concentrates), D-Biotin, D-Calcium Pantothenate, Folic Acid, Lactic Acid, Malic Acid, Natural Flavor, Potassium Iodide, Pyridoxine Hydrochloride, Tricalcium Citrate, Vitamin A Acetate, Vitamin B₁₂ (Cyanocobalamin), Vitamin D₃ (Cholecalciferol), Vitamin E Acetate, Zinc Sulfate.

Contains: Wheat.

KEEP OUT OF REACH OF CHILDREN

Not for children under 2 years of age

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

CHILD RESISTANT CAP

Do not exceed recommended intake