



Phillips'® Milk of Magnesia – Original

Drug Facts	
Active ingredient (in each 15 mL Tablespoon)	Purpose
Magnesium hydroxide 1200 mg.....	Saline laxative
Use relieves occasional constipation (irregularity). This product usually produces bowel movement in ½ to 6 hours.	
Warnings	
Ask a doctor before use if you have	
<ul style="list-style-type: none"> • kidney disease • a magnesium-restricted diet • stomach pain, nausea, or vomiting • a sudden change in bowel habits that lasts over 14 days 	
Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.	
Stop use and ask a doctor if	
<ul style="list-style-type: none"> • you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition. • you need to use a laxative for more than 1 week 	
If pregnant or breast-feeding , ask a health professional before use.	
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
<ul style="list-style-type: none"> • do not exceed the maximum recommended daily dose in a 24 hour period • shake well before use • dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor. Drink a full glass (8 oz) of liquid with each dose. • for accurate dosing, only use the dosing cup provided • mL = milliliter; TBSP = Tablespoon 	
adults and children 12 years and older	30 mL (2 TBSP) to 60 mL (4 TBSP)
children 6 to 11 years	15 mL (1 TBSP) to 30 mL (2 TBSP)
children under 6 years	ask a doctor
Other information	
<ul style="list-style-type: none"> • each tablespoon (15 mL) contains: magnesium 500 mg • store at room temperature. Avoid excessive heat above 40°C (104°F). Avoid freezing. Close cap tightly after use. 	
Inactive ingredients purified water, sodium hypochlorite	
Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)	