

Midol® Liquid Gels

Drug Facts

Active ingredient (in each capsule)

Ibuprofen 200 mg (NSAID)*.....Pain reliever/fever reducer
*nonsteroidal anti-inflammatory drug

Purposes**Uses**

- temporarily relieves minor aches and pains due to:
 - menstrual cramps
 - headache
 - muscular aches
 - backache
 - minor pain of arthritis
 - toothache
 - the common cold
- temporarily reduces fever

Warnings

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- facial swelling
- asthma (wheezing)
- shock
- skin reddening
- rash
- blisters

If an allergic reaction occurs, stop use and seek medical help right away.

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

Do not use

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- right before or after heart surgery

Ask a doctor before use if

- the stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have problems or serious side effects from taking pain relievers or fever reducers
- you have asthma

Ask a doctor or pharmacist before use if you are

- under a doctor's care for any serious condition
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

When using this product

- take with food or milk if stomach upset occurs
- the risk of heart attack or stroke may increase if you use more than directed or for longer than directed

Stop use and ask a doctor if

- you experience any of the following signs of stomach bleeding:
 - feel faint
 - vomit blood
 - have bloody or black stools
 - have stomach pain that does not get better
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present in the painful area
- any new symptoms appear

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

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Directions

- do not take more than directed
- the smallest effective dose should be used
- adults and children 12 years and over:
 - take 1 capsule every 4 to 6 hours while symptoms persist
 - if pain or fever does not respond to 1 capsule, 2 capsules may be used
 - do not exceed 6 capsules in 24 hours, unless directed by a doctor
- children under 12 years; consult a doctor

Other information

- store at 20°-25°C (68°-77°F)
- avoid high humidity and excessive heat above 40°C (104°F)
- read all warnings and directions before use. Keep carton.

Inactive ingredients FD&C Blue #1, gelatin, hypromellose, mannitol, polyethylene glycol, propylene glycol, povidone, purified water, sorbitan, sorbitol, titanium dioxide, vitamin E polyethylene glycol succinate.

Questions or comments? 1-800-331-4536 (Mon-Fri 9AM - 5PM EST) or www.midol.com