



Midol® Bloat Relief Caplets

Drug Facts	
Active ingredient (in each caplet)	Purpose
Pamabrom 25 mg.....	Diuretic
<p>Uses for the temporary relief of:</p> <ul style="list-style-type: none"> • bloating • water-weight gain • swelling • full feeling associated with the premenstrual and menstrual periods 	
<p>Warnings</p> <p>Do not use if you have ever had an allergic reaction to this product or any of its ingredients</p>	
<p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> • kidney stones • a calcium-restricted diet 	
<p>If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p>	
<p>Directions</p> <ul style="list-style-type: none"> • do not take more than the recommended dose • adults and children 12 years and older: <ul style="list-style-type: none"> • take 1 caplet with water • repeat every 6 hours, as needed • do not exceed 4 caplets per day • children under 12 years: consult a doctor 	
<p>Other information</p> <ul style="list-style-type: none"> • Store between 20 -25°C (68 - 77°F). • Each caplet contains: 161.46 mg of Calcium 	
<p>Inactive ingredients croscarmellose sodium, dicalcium phosphate, hypromellose, magnesium stearate, microcrystalline cellulose, mineral oil, polyethylene glycol, sodium lauryl sulfate, stearic acid, talc, titanium dioxide</p>	
<p>Questions or comments? 1-800-331-4536 (Mon-Fri 9AM - 5PM EST)</p>	