



## FLINTSTONES™ Gummies Complete

**Directions:** Under adult supervision product should be fully chewed.  
Children 2 to 3 years of age: **Fully chew** one gummy daily. Adults and children 4 years of age and older: **Fully chew** two gummies daily.

### Supplement Facts

Serving Size: 1 gummy (2 & 3 years of age); 2 gummies (4 years of age and older)

Servings Per Container: *(number of gummies); (number of gummies/2)*

Amount Per 2 Gummies	% Daily Value for Children 2 & 3 Years of Age (1 Gummy)	% Daily Value for Adults and Children 4 Years of Age and Older (2 Gummies)
Calories 15		
Total Carbohydrate 3 g	**	1%*
Sugars 2 g	**	**
Vitamin A 2000 IU	40%	40%
Vitamin C 30 mg	38%	50%
Vitamin D 600 IU	75%	150%
Vitamin E 18 IU	90%	60%
Vitamin B <sub>6</sub> 1 mg	71%	50%
Folic Acid 200 mcg	50%	50%
Vitamin B <sub>12</sub> 3 mcg	50%	50%
Biotin 75 mcg	25%	25%
Pantothenic Acid 5 mg	50%	50%
Iodine 30 mcg	21%	20%
Zinc 2.5 mg	16%	17%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**INGREDIENTS:** Glucose Syrup, Sugar, Gelatin, Water; Less Than 2% Of: Ascorbic Acid, Beeswax, Carnauba Wax, Citric Acid, Colors (Black Currant and Carrot Concentrates, Paprika Emulsion), D-Biotin, D-Calcium Pantothenate, Folic Acid, Natural Flavors, Potassium Iodide, Pyridoxine Hydrochloride, Vegetable Oil (Coconut or Palm), Vitamin A Acetate, Vitamin B<sub>12</sub>, Vitamin D<sub>3</sub> (Cholecalciferol), Vitamin E Acetate, Zinc Sulfate.

**Contains:** Wheat, Tree Nuts (coconut).

**KEEP OUT OF REACH OF CHILDREN**

**Not for children under 2 years of age.**

**If pregnant, breast-feeding, taking medication or have any medical condition ask a health professional before use.**

**CHILD RESISTANT CAP**

Contact Information –

**Questions or comments?** 1-800-800-4793 (Mon-Fri 9AM – 5PM EST)