# Drug Facts

<table>
<thead>
<tr>
<th>Active ingredients (in each tablet)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anhydrous citric acid 1000 mg</td>
<td>Antacid</td>
</tr>
<tr>
<td>Aspirin 325 mg (NSAID)*</td>
<td>Analgesic</td>
</tr>
<tr>
<td>Sodium bicarbonate (heat-treated) 1916 mg</td>
<td>Antacid</td>
</tr>
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</table>

*nonsteroidal anti-inflammatory drug

## Uses
For the temporary relief of:
- heartburn, acid indigestion, and sour stomach when accompanied with headache or body aches and pains
- upset stomach with headache from overindulgence in food or drink
- headache, body aches, and pain alone

## Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Aspirin may cause a severe allergic reaction which may include:
- hives
- facial swelling
- asthma (wheezing)
- shock

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you
- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Do not use**
- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if**
- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma
- you have a sodium-restricted diet

**Ask a doctor or pharmacist before use if you are**
- presently taking a prescription drug. Antacids may interact with certain prescription drugs.
- taking a prescription drug for diabetes, gout, or arthritis

**When using this product** do not exceed recommended dosage
Stop use and ask a doctor if
● an allergic reaction occurs. Seek medical help right away.
● you experience any of the following signs of stomach bleeding
  ● feel faint  ● vomit blood  ● have bloody or black stools
  ● have stomach pain that does not get better
● symptoms get worse or last more than 10 days
● redness or swelling is present
● ringing in the ears or a loss of hearing occurs
● new symptoms occur

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
● fully dissolve 2 tablets in 4 ounces of water before taking

<table>
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<tr>
<th>Adults and Children 12 years and over</th>
<th>2 tablets every 4 hours, or as directed by a doctor</th>
<th>do not exceed 8 tablets in 24 hours</th>
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<tbody>
<tr>
<td>Adults 60 years and over</td>
<td>2 tablets every 4 hours, or as directed by a doctor</td>
<td>do not exceed 4 tablets in 24 hours</td>
</tr>
<tr>
<td>Children under 12 years</td>
<td>consult a doctor</td>
<td></td>
</tr>
</tbody>
</table>

Other information
● each tablet contains: sodium 567 mg
● store at room temperature. Avoid excessive heat.
● Alka-Seltzer in water contains principally the antacid sodium citrate and the analgesic sodium acetylsalicylate

Inactive ingredients none

Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)