



Alka-Seltzer® Extra Strength

Drug Facts

Active ingredients (in each tablet)	Purpose
Anhydrous citric acid 1000 mg.....	Antacid
Aspirin 500 mg (NSAID)*.....	Analgesic
Sodium bicarbonate (heat-treated) 1985 mg.....	Antacid
*nonsteroidal anti-inflammatory drug	

Uses for the temporary relief of:

- heartburn, acid indigestion, and sour stomach when accompanied with headache or body aches and pains
- upset stomach with headache from overindulgence in food or drink
- headache, body aches, and pain alone

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert: Aspirin may cause a severe allergic reaction which may include:

- hives • facial swelling • asthma (wheezing) • shock

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma
- you have a sodium-restricted diet

Ask a doctor or pharmacist before use if you are

- presently taking a prescription drug. Antacids may interact with certain prescription drugs.
- taking a prescription drug for diabetes, gout, or arthritis

When using this product do not exceed recommended dosage



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<p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> • an allergic reaction occurs. Seek medical help right away. • you experience any of the following signs of stomach bleeding <ul style="list-style-type: none"> • feel faint • vomit blood • have bloody or black stools <ul style="list-style-type: none"> • have stomach pain that does not get better • symptoms get worse or last more than 10 days • redness or swelling is present • ringing in the ears or a loss of hearing occurs • new symptoms occur 		
<p>If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p>		
<p>Directions</p> <ul style="list-style-type: none"> • fully dissolve 2 tablets in 4 ounces of water before taking 		
adults and children 12 years and over	2 tablets every 6 hours, or as directed by a doctor	do not exceed 7 tablets in 24 hours
adults 60 years and over	2 tablets every 6 hours, or as directed by a doctor	do not exceed 3 tablets in 24 hours
children under 12 years	consult a doctor	
<p>Other information</p> <ul style="list-style-type: none"> • each tablet contains: sodium 588 mg • store at room temperature. Avoid excessive heat. • this product in water contains principally the antacid sodium citrate and the analgesic sodium acetylsalicylate 		
<p>Inactive ingredients flavor</p>		
<p>Questions or comments? 1-800-986-0369 (Mon-Fri 9AM – 5PM EST)</p>		