



## Midol® Complete On The Go

### Drug Facts

<i>Active ingredients (in each caplet)</i>	<i>Purpose</i>
Acetaminophen 500 mg.....	Pain reliever
Caffeine 60 mg.....	Diuretic
Pyrilamine maleate 15 mg.....	Antihistamine

**Uses** for the temporary relief of these symptoms associated with menstrual periods:

- cramps
- bloating
- water-weight gain
- headache
- backache
- muscle aches
- fatigue

#### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 6 caplets in 24 hours, which is the maximum daily amount for this product
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy Alert:** acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:

- skin reddening
- blisters
- rash
- hives
- facial swelling
- asthma (wheezing)
- shock

If a skin or general allergic reaction occurs, stop use and seek medical help right away.

#### Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

#### Ask a doctor before use if you have

- liver disease
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- a breathing problem such as emphysema or chronic bronchitis

#### Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

#### When using this product

- you may get drowsy
- avoid alcoholic drinks
- excitability may occur, especially in children
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- limit the use of caffeine-containing medications, foods, or beverages because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. The recommended dose of this product contains about as much caffeine as a cup of coffee.

#### Stop use and ask a doctor if

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days



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**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### **Directions**

- do not take more than the recommended dose
- adults and children 12 years and older:
  - take 2 caplets with water
  - repeat every 6 hours, as needed
  - do not exceed 6 caplets per day
- children under 12 years: consult a doctor

**Other information** store at room temperature

**Inactive ingredients** carnauba wax, croscarmellose sodium, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, pregelatinized starch, propylene glycol, shellac, titanium dioxide, triacetin

**Questions or comments?** 1-800-331-4536 (Mon-Fri 9AM - 5PM EST)