



# Flintstones Kids Fruit Bites Multivitamin

**Directions:** Under adult supervision product should be fully chewed. Adults and children 4 years of age and older: **Fully chew** two bites daily.

<b>Supplement Facts</b>		
Serving Size: 2 bites		
Servings Per Container: (Net Qty Contents/ Serving Size [# bites])		
	<b>Amount Per Serving</b>	<b>% Daily Value for Adults and Children 4 Years of Age and Older</b>
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	3 g	**
Includes 1g Added Sugars		2%*
Vitamin A (as retinyl palmitate)	300 mcg	33%
Vitamin D (as cholecalciferol)	15 mcg (600 IU)	75%
Vitamin E (as dl-alpha-tocopheryl acetate)	4 mg	27%
Niacin (as niacinamide)	16 mg	100%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	1.7 mg	100%
Vitamin B <sub>12</sub> (as cyanocobalamin)	2.4 mcg	100%
Biotin (as D-biotin)	30 mcg	100%
Iodine (as potassium iodide)	30 mcg	20%
Zinc (as zinc sulfate)	2.2 mg	20%
Potassium (as potassium iodide)	5 mg	<1%
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

**Other Ingredients:** Apple Juice Concentrate, Apple Puree Concentrate, Water, Citrus Fiber, Pectin, Natural Flavor, High Oleic Sunflower Oil.

**If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.**

**Not for children under 4 years of age**

**Do not exceed recommended intake**

**KEEP OUT OF REACH OF CHILDREN**

**CHILD RESISTANT CAP**